

Green Enchilada Sauce

Yield: 9 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/youtube-authentic-mexican-green-enchilada-sauce-recipe>

Ingredients:

- 1 1/2 pounds Hatch chiles or Anaheim
- 2 tablespoons olive oil
- 1 pound tomatillos papery coverings removed and diced
- 2 white onions medium, thinly sliced
- 8 cloves garlic peeled and coarsely chopped
- 2 jalapeños stem, seeds and membrane removed, chopped, see recipe note #1
- 1 tablespoon ground cumin
- 3 cups water
- salt
- freshly ground black pepper

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 7 grams
3. Fat: 3.5 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. Sodium: 95 milligrams
7. Sugar: 3 grams

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