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Mexican Pork and Tomato Chile Verde

Yield: 4 min Total Time: 90 min

Recipe from: https://www.recipeschoose.com/recipes/authentic-mexican-pork-green-chile-recipe

Ingredients:

- 1 tablespoon olive oil
- 2 pounds pork cubed into 1" pieces, I used boneless pork sirloin chops, but pork shoulder is good as well
- 3 cloves garlic minced
- 1/2 yellow onion diced small
- 1 red bell pepper chopped small, green bell pepper works as well
- 29 ounces tomatoes whole
- 1/2 cup green chile roasted, peeled and chopped small, frozen or canned is fine also
- 1 teaspoon ground cumin
- 1/8 teaspoon ground cloves
- 1/2 teaspoon kosher salt adjust to taste
- 2 tablespoons fresh lemon juice
- 1/2 cup beef broth or 1/2 cup water, plus 1/2 teaspoon beef base
- 1/4 cup fresh parsley about 2 tablespoons minced

Nutrition:

Calories: 450 calories
Carbohydrate: 15 grams
Cholesterol: 150 milligrams

4. Fat: 19 grams5. Fiber: 4 grams6. Protein: 53 grams7. SaturatedFat: 5 grams8. Sodium: 520 milligrams

9. Sugar: 9 grams

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