

Mexican Pollo Asado

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-pollo-asado>

Ingredients:

- 4 pounds chicken Cut Into 8 Pieces
- 1/2 cup vegetable oil
- 3 tablespoons garlic Minced
- 2 teaspoons salt
- 1/2 teaspoon black pepper
- 2 teaspoons ground cumin
- 1 teaspoon dried oregano
- 1 teaspoon achiote paste Mashed Up With A Fork
- 1/2 cup orange juice
- 1/4 cup fresh lime juice

Nutrition:

1. Calories: 780 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 295 milligrams
4. Fat: 41 grams
5. Protein: 92 grams
6. SaturatedFat: 6 grams
7. Sodium: 1520 milligrams
8. Sugar: 3 grams
9. TransFat: 1 grams

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