

Pan de Polvo

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-pan-de-polvo>

Ingredients:

- 1 cinnamon stick
- 1 cup water
- 2 cups all purpose flour
- 1 1/4 cups shortening or lard, 285 g
- 1/2 teaspoon baking powder
- 1 cup granulated sugar
- 1 tablespoon ground cinnamon

Nutrition:

1. Calories: 990 calories
2. Carbohydrate: 100 grams
3. Fat: 65 grams
4. Fiber: 3 grams
5. Protein: 6 grams
6. SaturatedFat: 16 grams
7. Sodium: 75 milligrams
8. Sugar: 50 grams
9. TransFat: 8 grams

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