## RecipesCh@~se

## **Homemade Salsa**

Yield: 4 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/authentic-mexican-homemade-salsa-recipe

## **Ingredients:**

- 28 ounces tomatoes with juice Whole
- 10 ounces rotel diced Tomatoes And Green Chilies
- 1/4 cup chopped onion
- 1 clove garlic Minced
- 1 whole jalapeno Quartered And Sliced Thin
- 1/4 teaspoon sugar
- 1/4 teaspoon salt
- 1/4 teaspoon ground cumin
- 1/2 cup cilantro more To Taste!
- 1/2 whole lime juice

## Nutrition:

- 1. Calories: 60 calories
- 2. Carbohydrate: 13 grams
- 3. Fiber: 3 grams
- 4. Protein: 3 grams
- 5. Sodium: 440 milligrams
- 6. Sugar: 7 grams

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