

# Taco Chicken

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-style-grilled-chicken-breast-recipe>

## Ingredients:

- 1 pound chicken breasts or thighs, I can tell you right now that I'm a breast girl and Sara prefers thighs.
- limes A couple of juicy
- red wine vinegar A splash of
- 3 cloves garlic pressed or coarsely chopped
- 1 teaspoon chili powder
- 1/2 teaspoon cumin
- 1/2 teaspoon kosher salt
- 1/2 teaspoon black pepper

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 75 milligrams
4. Fat: 3.5 grams
5. Fiber: 1 grams
6. Protein: 24 grams
7. SaturatedFat: 1 grams
8. Sodium: 440 milligrams
9. Sugar: 1 grams

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