

Coconut Ice Cream

Yield: 4 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-mexican-coconut-ice-cream-recipe>

Ingredients:

- 2 cans coconut milk
- 1/2 cup sugar
- 1 pinch salt
- 1/2 teaspoon coconut extract
- 1/2 cup coconut + 1/2 cup coconut for toasting
- 1/4 cup sliced almonds slivered/, for toasting

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 40 grams
3. Fat: 54 grams
4. Fiber: 6 grams
5. Protein: 5 grams
6. SaturatedFat: 45 grams
7. Sodium: 105 milligrams
8. Sugar: 32 grams

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