

# Mexican Chicken Marinade

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-mexican-marinade-recipe>

## Ingredients:

- 3 pounds boneless, skinless chicken breasts about 3 or 4
- 1/4 cup olive oil
- 2 whole limes
- 3 large garlic cloves
- 1/2 cup Cilantro leaves packed tightly
- 1/2 teaspoon cumin
- 1 teaspoon chili powder
- 1 teaspoon onion powder
- 1 1/2 teaspoons salt
- 1 teaspoon sugar

## Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 220 milligrams
4. Fat: 24 grams
5. Protein: 72 grams
6. SaturatedFat: 5 grams
7. Sodium: 1290 milligrams
8. Sugar: 1 grams

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