

Homemade Red Enchilada Sauce

Yield: 3 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetables-in-mexican-sauce-recipe>

Ingredients:

- 1 chipotle pepper
- 1 tablespoon adobo sauce
- 3 cups chicken stock
- 3 tablespoons olive oil
- 3 tablespoons all-purpose flour
- 8 ounces tomato sauce
- 4 tablespoons chili powder
- 3/4 teaspoon garlic powder
- 1/2 teaspoon cumin powder
- 1/2 teaspoon dried oregano
- 1/2 teaspoon onion powder
- 3/4 teaspoon salt

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 10 milligrams
4. Fat: 21 grams
5. Fiber: 7 grams
6. Protein: 11 grams
7. SaturatedFat: 3 grams
8. Sodium: 2380 milligrams
9. Sugar: 13 grams

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