

# Beef Fajita Skillet Dinner

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-mexican-beef-fajita-recipe>

## Ingredients:

- 1 tablespoon olive oil \$.03
- 3/4 pound beef for stir-fry, \$2.24
- 1 tablespoon taco seasoning homemade, \$.03
- 1 ounce frozen pepper and onion blend, \$.80
- 15 ounces diced tomatoes with garlic, or without will work too!, \$.16
- 6 corn tortillas cut into 1 inch strips, \$.65
- salt
- pepper
- fruit
- watermelon
- cantaloupe

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 60 milligrams
4. Fat: 17 grams
5. Fiber: 4 grams
6. Protein: 20 grams
7. SaturatedFat: 6 grams
8. Sodium: 330 milligrams
9. Sugar: 8 grams
10. TransFat: 1 grams

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