## RecipesCh@~se

## **Easy Beef Chimichanga**

Yield: 6 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/authentic-mexican-beef-chimichanga-recipe

## **Ingredients:**

- 1 pound ground beef grass-fed
- 1 small onion finely chopped
- 2 cloves garlic finely chopped
- 2 teaspoons taco seasoning
- salt
- pepper
- 16 ounces refried beans
- 4 ounces chile peppers green, diced
- 8 tortillas
- 1 cup spinach chopped
- 2 cups jack cheese Cheddar, grated
- 1 tablespoon butter melted for brushing
- 2 Roma tomatoes peeled & cubed
- salsa for serving
- sour cream for serving
- chives chopped, for garnish, optional

## Nutrition:

- 1. Calories: 730 calories
- 2. Carbohydrate: 64 grams
- 3. Cholesterol: 95 milligrams
- 4. Fat: 35 grams
- 5. Fiber: 8 grams
- 6. Protein: 37 grams
- 7. SaturatedFat: 16 grams
- 8. Sodium: 1470 milligrams
- 9. Sugar: 3 grams
- 10. TransFat: 1 grams

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