

Oyakodon

Yield: 1 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/oyakodon-recipe-japanese-cooking-101>

Ingredients:

- 1/4 cup dashi
- 1/2 tablespoon sugar
- 1/2 tablespoon sake
- 1 tablespoon soy sauce
- 1/2 tablespoon mirin
- 1/4 onion thinly sliced
- 1 chicken thigh cut into bite size pieces
- 1 egg
- 1/2 green onion thinly sliced
- steamed rice

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 405 milligrams
4. Fat: 40 grams
5. Fiber: 1 grams
6. Protein: 49 grams
7. SaturatedFat: 11 grams
8. Sodium: 1240 milligrams
9. Sugar: 8 grams

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