

Italian Tiramisu

Yield: 8 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-italian-tiramisu-recipe>

Ingredients:

- 1 cup sugar
- 4 yolk Eggs, and whites seperated
- 2 cups mascarpone

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 130 milligrams
4. Fat: 10 grams
5. Protein: 4 grams
6. SaturatedFat: 5 grams
7. Sodium: 115 milligrams
8. Sugar: 26 grams

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