

Tagliatelle with spinach, mascarpone & Parmesan

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-italian-tagliatelle-recipe>

Ingredients:

- 1 pound tagliatelle or spaghetti
- olive oil
- 2 teaspoons butter
- 2 cloves garlic peeled and sliced
- 1/2 nutmeg freshly grated
- 13 1/3 cups fresh spinach washed thoroughly and finely sliced
- sea salt
- ground black pepper freshly
- 1/2 cup double cream
- 1 1/8 cups mascarpone cheese
- 2 handfuls Parmesan cheese freshly grated

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 135 milligrams
4. Fat: 37 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 19 grams
8. Sodium: 830 milligrams
9. Sugar: 1 grams

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