

# Classic Italian Sub Sandwich

Yield: 3 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sub-sandwich-recipe-traditional>

## Ingredients:

- 1 roll large Italian sub
- 1 tablespoon italian vinaigrette
- 1/2 tablespoon balsamic vinegar
- 1/4 pound provolone cheese sliced
- 1/3 pound ham rosemary
- 1/4 pound mortadella
- 1/4 pound soppressata
- 3 Campari tomatoes fresh, sliced thick
- 1/4 small onion sliced
- 2 handfuls lettuce I like arugula for its peppery bite
- 2 tablespoons banana peppers chopped
- salt , to taste
- freshly ground black pepper to taste

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 75 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 26 grams
7. SaturatedFat: 12 grams
8. Sodium: 1870 milligrams
9. Sugar: 3 grams

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