

Crock Pot Jambalaya - Slow Cooker Delight

Yield: 4 min
Total Time: 365 min

Recipe from: <https://www.recipeschoose.com/recipes/slow-cooker-chili-recipe-with-italian-sausage>

Ingredients:

- 14 ounces diced tomatoes
- 2 italian sausages mild, ., I cook them whole and slice just before serving.
- 1 cup cooked ham cut into chunks
- 1 cup vegetable broth
- 1/2 cup white rice uncooked
- 1 onion chopped
- 1 stalk celery chopped
- 1/2 cup sweet peppers colorful, chopped
- 2 tablespoons tomato paste
- 1 tablespoon olive oil
- 2 cloves minced garlic
- 1/2 tablespoon dried parsley
- 1 teaspoon hot sauce green
- 3 sprigs fresh thyme
- 1 pinch cloves
- 1/2 pound deveined shrimp peeled and

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 150 milligrams
4. Fat: 24 grams
5. Fiber: 3 grams
6. Protein: 32 grams
7. SaturatedFat: 7 grams
8. Sodium: 1310 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Crock Pot Jambalaya - Slow Cooker Delight above. You can see more 20 slow cooker chili recipe with italian sausage Dive into deliciousness! to get more great cooking ideas.