

Italian Rabbit Stew

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-italian-rabbit-recipe>

Ingredients:

- 1 rabbit about 3-3.3 lbs/ 1.2-1.5 kg Note 1
- 1 tablespoon olive oil
- 1 tablespoon butter
- 3 garlic cloves large
- 1/2 cup dry white wine 125 ml
- 4 bay leaves
- 1 sprig rosemary
- 3 sage leaves large
- 1 can tomatoes 14 oz/ 400 g Note 2
- 2 tablespoons pine nuts
- 1 bunch parsley
- fine sea salt
- black pepper

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 10 milligrams
4. Fat: 10 grams
5. Fiber: 4 grams
6. Protein: 3 grams
7. SaturatedFat: 3 grams
8. Sodium: 230 milligrams
9. Sugar: 3 grams

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