

Gluten Free Dairy Free Pistachio Gelato

Yield: 5 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-italian-pistachio-gelato-recipe>

Ingredients:

- 2 cups pistachios roasted, unsalted whole, – use divided
- 1/4 teaspoon sea salt or kosher
- 2 tablespoons cornstarch
- 3/4 cup granulated sugar
- 1 teaspoon lemon juice freshly squeezed
- green food coloring – optional

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 47 grams
3. Fat: 22 grams
4. Fiber: 5 grams
5. Protein: 10 grams
6. SaturatedFat: 3 grams
7. Sodium: 120 milligrams
8. Sugar: 34 grams

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