

# South Italian Pasta e Fagioli

Yield: 3 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-italian-pasta-e-fagioli-recipe>

## Ingredients:

- 5 ounces ditalini pasta shape
- 5 ounces borlotti beans
- 4 plum tomatoes canned whole peeled
- 1 stalk celery
- 1/2 cup extra-virgin olive oil
- 1 garlic
- 3/4 basil leaves
- salt
- pepper

## Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 34 grams
3. Fat: 37 grams
4. Fiber: 14 grams
5. Protein: 12 grams
6. SaturatedFat: 5 grams
7. Sodium: 270 milligrams
8. Sugar: 3 grams

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