

Giada De Laurentiis' Gravy

Yield: 10 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-minestra-recipe-giada-de-laurentiis>

Ingredients:

- 4 cups chicken broth unsalted
- 4 sprigs thyme
- 1 bay leaf
- 1/4 cup cornstarch
- 1/4 cup water
- 1 1/2 teaspoons kosher salt

Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 4 grams
3. Fat: 1 grams
4. Protein: 2 grams
5. Sodium: 390 milligrams

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