

Homemade Lasagna

Yield: 8 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-italian-homemade-lasagna-recipe>

Ingredients:

- 16 ounces lasagna noodles
- 1/2 pound ground pork
- 1/2 pound lean ground beef
- 8 ounces tomato sauce
- 28 ounces crushed tomatoes
- 1 tablespoon fresh parsley chopped
- 1 clove garlic crushed
- 1/2 teaspoon dried oregano
- 1/2 cup minced onion
- 1/8 teaspoon white sugar
- 1 1/2 teaspoons dried basil
- 1 1/2 teaspoons salt
- 1 pound small curd cottage cheese
- 3 eggs
- 3/4 cup grated Parmesan cheese
- 2 teaspoons salt
- 1/4 teaspoon ground black pepper
- 1 pound shredded mozzarella cheese

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 180 milligrams
4. Fat: 28 grams
5. Fiber: 3 grams
6. Protein: 38 grams
7. SaturatedFat: 14 grams
8. Sodium: 2050 milligrams
9. Sugar: 6 grams

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