

Basic Balsamic Salad Dressing

Yield: 3 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-balsamic-salad-dressing>

Ingredients:

- 1/2 cup balsamic vinegar
- 1/4 cup olive oil
- 1 teaspoon maple syrup
- 1 teaspoon dijon
- 1 teaspoon minced garlic
- 1/2 teaspoon sea salt
- dried herbs or fresh, optional

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 9 grams
3. Fat: 18 grams
4. SaturatedFat: 2.5 grams
5. Sodium: 420 milligrams
6. Sugar: 8 grams

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