

Italian Alfredo Broccoli Strata

Yield: 6 min
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-alfredo-recipe>

Ingredients:

- 1 loaf Italian bread 12 oz., cut into 1-inch cubes
- 1 pound Ragu Alfredo Sauce 1 jar, cheesy classic
- 3 cups milk
- 6 eggs slightly beaten
- 1 1/2 cups shredded mozzarella cheese about 6 oz
- 10 ounces frozen broccoli 1 box, chopped, thawed and drained

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 245 milligrams
4. Fat: 16 grams
5. Fiber: 2 grams
6. Protein: 24 grams
7. SaturatedFat: 7 grams
8. Sodium: 660 milligrams
9. Sugar: 9 grams

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