## RecipesCh@\_se

## Creamy Indian Chicken Curry (Murgh Korma)

Yield: 7 min Total Time: 105 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-indian-korma-green

## **Ingredients:**

- 2 pounds boneless, skinless chicken thighs and breasts, cut into 2? chunks
- 1 tablespoon minced ginger plus one 2? piece, peeled and sliced
- 1 tablespoon minced garlic plus 3 cloves, thinly sliced
- 1 tablespoon fresh lemon juice
- kosher salt to taste
- 1/4 cup blanched almonds
- 1/4 cup raw cashews
- 1 tablespoon poppy seeds
- 3/4 cup canola oil
- 1 tablespoon black peppercorns
- 2 teaspoons fennel seeds
- 12 rose petals dried, optional
- 3 pods green cardamom
- 2 whole cloves
- 1 bay leaf
- 1/2 stick canela
- 3 yellow onions large, thinly sliced
- 3 serrano chiles green, stemmed and minced
- 1 teaspoon ground turmeric
- 1/2 teaspoon paprika
- 1 cup plain yogurt
- 6 tablespoons heavy cream
- cooked rice for serving

## Nutrition:

- 1. Calories: 530 calories
- 2. Carbohydrate: 13 grams

- 3. Cholesterol: 110 milligrams
- 4. Fat: 40 grams
- 5. Fiber: 3 grams
- 6. Protein: 32 grams
- 7. SaturatedFat: 8 grams
- 8. Sodium: 290 milligrams
- 9. Sugar: 4 grams

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