

# Chinese Sizzling Rice Soup

Yield: 6 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-chinese-white-rice-recipe>

## Ingredients:

- 3 ounces shrimp baby
- 3 ounces chicken pieces skinless, boneless, cut into chunks
- 1 egg
- 4 tablespoons cornstarch
- 4 cups vegetable oil for frying
- 3 cups chicken broth
- 1 ounce mushrooms chopped
- 2 tablespoons water chestnuts chopped
- 1/8 cup bamboo shoots diced
- 1/3 cup fresh green beans cut into 1 inch pieces
- 1/2 teaspoon salt
- 1 tablespoon sherry
- 2/3 cup white rice uncooked

## Nutrition:

1. Calories: 1470 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 65 milligrams
4. Fat: 150 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 11 grams
8. Sodium: 290 milligrams
9. TransFat: 4.5 grams

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