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General Tso Ramen

Yield: 4 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/authentic-chinese-general-tso-recipe

Ingredients:

- 3 tablespoons soy sauce all-purpose, not lite or dark
- 3 tablespoons hoisin sauce
- 1 tablespoon cornstarch
- 1 tablespoon rice vinegar
- 1 teaspoon chili garlic paste up to 3 teaspoons Note 1
- 1/4 cup light brown sugar Note 2
- 3/4 cup low-sodium chicken broth
- 1 tablespoon toasted sesame oil
- 1/4 teaspoon white pepper EACH:, and fine sea salt
- 3/4 pound chicken thighs 12 oz; 340g, or chicken tenders, cut into 1/2-inch pieces, measure AFTER being trimmed of fat
- 1 tablespoon toasted sesame oil
- 1 tablespoon ginger EACH:, and garlic
- 1/4 cup cornstarch
- 1/4 teaspoon fine sea salt EACH, and pepper
- 2 tablespoons vegetable oil
- 1 cup diced yellow onion
- 3 packets ramen 3 oz; 85g EACH, instant noodles
- 2 cups sliced mushrooms thinly
- 5 cups bok choy leaves thinly sliced, ~1 large bok choy
- sliced green onion optional
- red pepper flakes optional
- toasted sesame oil optional
- toasted sesame seeds optional

Nutrition:

Calories: 490 calories
Carbohydrate: 38 grams
Cholesterol: 70 milligrams

4. Fat: 29 grams5. Fiber: 4 grams6. Protein: 19 grams7. SaturatedFat: 5 grams8. Sodium: 1100 milligrams

9. Sugar: 20 grams

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