

Baba Ghanoush Dip and Salad Dressing

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-salad-dip-recipe>

Ingredients:

- 1 eggplant medium, about 1 lb. total, cut into 1 inch slices, plus olive oil to brush on
- 2 tablespoons Tahini
- 2 cloves garlic roasted, or 1 clove raw, pressed – see instructions
- 1/2 fresh lemon juiced, or more to taste
- 1/2 teaspoon salt or more to taste
- 1 pinch cayenne pepper
- cumin or coriander, optional, pinch of each to taste
- 1 tablespoon extra virgin olive oil plus more to drizzle
- 1/2 cup baba ghanoush store-bought or homemade
- 2 tablespoons olive oil or other mild oil
- 1 tablespoon lemon juice
- 3 tablespoons water or more as desired

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 13 grams
3. Fat: 14 grams
4. Fiber: 6 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 310 milligrams
8. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Baba Ghanoush Dip and Salad Dressing above. You can see more 15 turkish salad dip recipe Savor the mouthwatering goodness! to get more great cooking ideas.