

# Gouda Grits with Creamy Asparagus & Crab Sauce

Yield: 2 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/asparragus-recipe-southern-style>

## Ingredients:

- 1 cup grits Yellow
- 4 cups chicken broth or Stock
- 1 cup whole milk
- 8 ounces gouda cheese Shredded
- salt to taste
- 3 tablespoons butter
- 1/4 cup red bell pepper diced
- 2 cloves garlic minced
- 1 1/2 tablespoons all purpose flour
- 1 cup heavy cream
- 1/2 cup asparagus chopped in bite size pieces
- 8 ounces lump crab meat
- 1/4 teaspoon paprika
- 1/4 teaspoon cayenne pepper
- salt to taste
- fresh Parmesan cheese Garnish with, grated, optional