

Oven Roasted Asparagus

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-asparagus-recipe>

Ingredients:

- 1 bunch asparagus
- 4 tablespoons olive oil up To 5 Tablespoons
- kosher salt To Taste
- ground black pepper Freshly, To Taste

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 3 grams
3. Fat: 14 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 2 grams
7. Sodium: 200 milligrams
8. Sugar: 1 grams

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