

Hot Spinach Artichoke Dip

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/artichoke-spinach-lasagna-recipes>

Ingredients:

- 8 ounces cream cheese softened
- 1/2 cup sour cream
- 1/4 cup mayonnaise
- 3 garlic cloves minced
- 1/2 cup mozzarella cheese shredded
- 1 cup Parmesan cheese grated
- 14 ounces artichokes chopped
- 6 ounces frozen spinach thawed

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 110 milligrams
4. Fat: 40 grams
5. Fiber: 6 grams
6. Protein: 21 grams
7. SaturatedFat: 21 grams
8. Sodium: 920 milligrams
9. Sugar: 6 grams

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