

{Recipe} Arroz Verde | Green Rice

Yield: 1 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/arroz-verde-peruvian-recipe>

Ingredients:

- 1 cup long grain rice washed and rinsed couple of times, I used Basmati
- 2 green tomatoes roughly chopped, Use tomatillos if you have some.
- 1 cup greens chopped, I used spinach and cilantro
- 1 green chilli remove seeds for a milder version
- 1 clove garlic minced
- 1/2 onion medium, finely chopped
- 2 cups water
- 2 teaspoons olive oil

Nutrition:

1. Calories: 860 calories
2. Carbohydrate: 172 grams
3. Fat: 11 grams
4. Fiber: 7 grams
5. Protein: 18 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 150 milligrams
8. Sugar: 15 grams

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