

# Arroz con Leche - Rice Pudding

Yield: 10 min  
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/arroz-con-leche-puerto-rico-recipe>

## Ingredients:

- 1 cup rice white {normal}
- 3/4 cup white sugar
- 2 sticks cinnamon
- 5 cups whole milk
- 3 cups water
- 1 can sweetened condensed milk
- cinnamon in powder.

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 10 milligrams
4. Fat: 3.5 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 55 milligrams
9. Sugar: 21 grams

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