

Penne Arrabbiata

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/penne-arrabiata-authentic-italian-recipe>

Ingredients:

- 12 ounces penne or pasta of your choice
- 3 tablespoons olive oil
- 4 cloves garlic minced
- 1/2 teaspoon red pepper flakes or to taste
- 28 ounces whole peeled tomatoes 1 big can
- 6 leaves basil chopped
- 1/2 cup Parmesan cheese freshly grated

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 79 grams
3. Cholesterol: 10 milligrams
4. Fat: 15 grams
5. Fiber: 7 grams
6. Protein: 20 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 470 milligrams
9. Sugar: 3 grams

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