

Apricot & Turkish delight mess

Yield: 2 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/apricot-turkish-delight-recipe>

Ingredients:

- 3/4 cup mascarpone
- 3 1/4 tablespoons greek yogurt
- 3 1/3 tablespoons icing sugar sifted
- 2 tablespoons orange flower water
- 1 meringue nest, broken into rough pieces
- 3 apricots stoned and chopped
- 2 cubes turkish delight orange flavoured if available, chopped
- 2 3/4 tablespoons almonds skin-on, roughly chopped
- 4 mint leaves shredded, plus extra to decorate, optional

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 40 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 8 grams
8. Sodium: 180 milligrams
9. Sugar: 20 grams

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