

Clean Apple Pie with Protein Bar Crust

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/apple-pie-crust-recipe-indian>

Ingredients:

- 1 apple pie 1 Pure Protein Plus Bar –, Flavor
- 1 apple medium
- 1/2 teaspoon ground cinnamon depending on preference
- 1 tablespoon chopped pecans
- 3 tablespoons vanilla Greek yogurt, or plain

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 8 grams
3. Fat: 1 grams
4. Fiber: 1 grams
5. Sugar: 6 grams

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