

# Apple Crisp

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-apple-baked-cinnamon-mexican-crisp>

## Ingredients:

- 4 apples
- 2/3 cup brown sugar
- 1/2 cup flour
- 1/2 cup oats
- 3/4 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- 1/3 cup butter or margarine, softened

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 25 milligrams
4. Fat: 11 grams
5. Fiber: 4 grams
6. Protein: 3 grams
7. SaturatedFat: 7 grams
8. Sodium: 80 milligrams
9. Sugar: 28 grams

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