

# Indian Fry Bread

Yield: 12 min  
Total Time: 52 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-indian-taco-recipe>

## Ingredients:

- 3 cups flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 1/2 cups hot water
- oil for frying

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 24 grams
3. Fat: 2 grams
4. Fiber: 1 grams
5. Protein: 3 grams
6. Sodium: 190 milligrams

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