

# 'Ants Climbing A Tree' Noodles

Yield: 2 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/ants-on-a-tree-chinese-recipe>

## Ingredients:

- 5/8 cup glass noodles also known as cellophane or mung bean noodles
- 1 tablespoon vegetable oil
- 1 1/2 tablespoons chilli paste douban jiang
- 1 tablespoon chopped ginger finely
- 7 ounces beef mince
- 1 tablespoon Shaoxing cooking wine
- 1 tablespoon soy sauce
- 1 teaspoon dark soy sauce
- 1 teaspoon sugar
- 1 cup chicken stock
- 1 teaspoon garlic finely grated
- 2 tablespoons spring onion finely chopped, scallions

## Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 70 milligrams
4. Fat: 23 grams
5. Fiber: 1 grams
6. Protein: 24 grams
7. SaturatedFat: 6 grams
8. Sodium: 840 milligrams
9. Sugar: 5 grams
10. TransFat: 1 grams

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