

Angel Biscuits With Yeast – Southern Yeast Biscuits

Yield: 12 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-yeast-biscuit-recipe>

Ingredients:

- 1 package instant yeast 2 1/4 teaspoons
- 1/4 cup warm water
- 4 cups all purpose flour
- 2 tablespoons sugar
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon salt
- 1 teaspoon parsley
- 1/2 teaspoon dried thyme
- 1/2 teaspoon crushed red pepper
- 6 tablespoons cold butter
- 1/4 cup vegetable shortening cold
- 1 cup buttermilk warm
- 4 tablespoons butter melted
- 1/4 teaspoon salt

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 25 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 7 grams
8. Sodium: 430 milligrams
9. Sugar: 3 grams
10. TransFat: 0.5 grams

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