

# Triple Berry Pie

Yield: 8 min  
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/angel-berry-pie-recipe-southern-kitchen>

## Ingredients:

- 2 cups all purpose flour
- 1/2 teaspoon salt
- 2/3 cup shortening
- 6 tablespoons cold water ice-
- 4 1/2 cups berries fresh
- 1/2 cup sugar
- 3 tablespoons cornstarch
- 1 egg
- 1 tablespoon water

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 25 milligrams
4. Fat: 19 grams
5. Fiber: 6 grams
6. Protein: 5 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 160 milligrams
9. Sugar: 15 grams
10. TransFat: 2 grams

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