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## **Beer Caramelized Onion Dip**

Yield: 8 min Total Time: 90 min

Recipe from: https://www.recipeschoose.com/recipes/american-india-pale-ale-recipe

## **Ingredients:**

- 3 tablespoons unsalted butter
- 1 tablespoon olive oil
- 2 tablespoons brown sugar
- 1 teaspoon salt
- 3 yellow onions medium, diced
- 1/4 cup IPA beer
- 1/2 cup mayo
- 1/4 cup cream cheese softened to room temperature
- 1/4 cup sour cream
- 4 slices thick cut bacon cooked until crisp and chopped
- 2 ounces swiss cheese grated
- 2 ounces sharp white cheddar cheese grated
- 2 ounces Gruyere cheese grated
- crusty bread or tortilla chips, for serving

## **Nutrition:**

Calories: 330 calories
Carbohydrate: 11 grams
Cholesterol: 60 milligrams

4. Fat: 28 grams5. Fiber: 1 grams6. Protein: 9 grams

7. SaturatedFat: 12 grams8. Sodium: 630 milligrams

9. Sugar: 5 grams

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