

Modern Ambrosia Salad

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/ambrosia-salad-recipe-with-greek-yogurt>

Ingredients:

- 3 mandarin oranges peeled and sectioned, sections cut in half crosswise, 1 cup
- 1/2 fresh pineapple cut in chunks, 2 cups
- 3 kiwis peeled, quartered lengthwise and sliced crosswise, 1 cup
- 1 cup sweetened coconut plus some for garnish
- 1 cup greek yogurt plain, thick
- 1 tablespoon honey
- 1/2 teaspoon vanilla

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 10 milligrams
4. Fat: 2.5 grams
5. Fiber: 5 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 35 milligrams
9. Sugar: 34 grams

Thank you for visiting our website. Hope you enjoy Modern Ambrosia Salad above. You can see more 18 ambrosia salad recipe with greek yogurt Taste the magic today! to get more great cooking ideas.