

Sweet Corn Bread Pudding, via Alton Brown and Josie

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-sweet-corn-bread-recipe>

Ingredients:

- 1/2 onion diced fine
- 1 ounce unsalted butter
- 1/2 teaspoon thyme
- 1/2 teaspoon rosemary
- 15 ounces sweet corn creamed style
- 1 cup heavy cream
- 2 eggs
- 1 teaspoon baking powder
- 1/2 cup yellow cornmeal whole grain, stone ground
- 1/2 cup shredded Parmesan
- 1 teaspoon kosher salt
- ground black pepper
- 2 cups french bread cubed

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 225 milligrams
4. Fat: 39 grams
5. Fiber: 5 grams
6. Protein: 16 grams
7. SaturatedFat: 23 grams
8. Sodium: 1130 milligrams
9. Sugar: 5 grams

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