

Fluffy and Flaky Southern Biscuit

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-biscuit-recipe-with-butter>

Ingredients:

- 8 tablespoons unsalted butter refrigerated
- 1/4 cup full fat sour cream you can replace with additional yogurt
- 1/2 cup Greek-style yogurt whole milk
- 6 tablespoons whole milk we use Lactaid milk to make these biscuits lactose-intolerant friendly!
- 2 cups all purpose flour
- 4 teaspoons baking powder
- 1 1/2 teaspoons kosher salt
- 1/2 teaspoon sugar

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 75 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 17 grams
8. Sodium: 1470 milligrams
9. Sugar: 4 grams

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