

# Alphabet Soup with Vegetables

Yield: 10 min  
Total Time: 27 min

Recipe from: <https://www.recipeschoose.com/recipes/alphabet-pasta-recipe-indian>

## Ingredients:

- 2 tablespoons olive oil
- 1/2 onion medium, chopped, about 1 cup
- 1 teaspoon minced garlic
- 8 cups vegetable broth
- 1 cup frozen corn kernels
- 1 cup frozen peas
- 1 cup frozen green beans
- 1 large carrot peeled and diced
- 1 cup tomato sauce
- 1 teaspoon dried dill
- 1/2 teaspoon paprika
- 1 pinch cayenne pepper
- fine sea salt
- freshly ground black pepper
- 1 cup alphabet pasta

## Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 13 grams
3. Fat: 3.5 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 960 milligrams
8. Sugar: 6 grams

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