

Matcha Green Tea Latte

Yield: 1 min
Total Time: 27 min

Recipe from: <https://www.recipeschoose.com/recipes/almond-milk-indian-tea-recipe>

Ingredients:

- 1 teaspoon matcha powder
- 1/4 cup boiling water
- 3/4 cup almond milk plain, or regular milk
- honey to taste

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 18 grams
3. Fat: 3.5 grams
4. Protein: 5 grams
5. Sodium: 95 milligrams
6. Sugar: 18 grams

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