

# Low Carb Crispy CarbQuik Pizza Crust

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/almond-flour-italian-sausage-pizza-crust-recipe>

## Ingredients:

- 4 ounces cream cheese softened
- 2 eggs
- 1/4 cup Parmesan cheese 1 ounce, the kind in a can
- 1/4 teaspoon garlic powder
- 1/2 cup baking mix CarbQuik Low Carb
- 1/2 cup almond flour 2 ounces
- 8 ounces mozzarella cheese shredded
- 1/4 cup pizza sauce
- 8 ounces mozzarella cheese shredded
- 4 ounces mushrooms
- 2 ounces pepperoni slices
- 1/4 pound italian sausage browned and crumbled
- 1/4 cup green pepper diced
- italian seasoning to taste
- garlic powder to taste

## Nutrition:

1. Calories: 830 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 265 milligrams
4. Fat: 62 grams
5. Fiber: 3 grams
6. Protein: 45 grams
7. SaturatedFat: 28 grams
8. Sodium: 1570 milligrams
9. Sugar: 5 grams

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