

Grain-Free Alternative to Stuffing for Thanksgiving

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/elegant-thanksgiving-cauliflower-recipe>

Ingredients:

- 1 head cauliflower shredded
- 1/2 cup red pepper chopped
- 1/2 cup yellow onion chopped
- 1/2 cup zucchini shredded
- 2 tablespoons olive oil

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 11 grams
3. Fat: 7 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 45 milligrams
8. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Grain-Free Alternative to Stuffing for Thanksgiving above. You can see more 19 elegant thanksgiving cauliflower recipe Experience flavor like never before! to get more great cooking ideas.