

Boozy Christmas Cake (Paleo Fruit Cake)

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-dried-fruit-cake-recipe>

Ingredients:

- fruit Prep
- 1 1/2 cups dried fruit chopped, I used 1/2 c homemade tutti frutti mix, 1/2 c golden raisins, 1/2 c dates
- 1 cup rum I used bacardi gold
- 1/3 cup pistachios chopped
- 1 teaspoon lemon zest only colored portion of rind, grated or minced
- 1 teaspoon orange zest only colored portion of rind, grated or minced
- 1 cup coconut sugar
- 3 tablespoons water
- 1/2 cup apple juice
- 2 tablespoons ghee
- 2 cloves freshly ground
- 2 cardamom pods freshly ground
- 1 teaspoon ground ginger
- 1/2 teaspoon ground cinnamon
- grated nutmeg Pinch freshly
- 1 1/2 cups almond flour
- 1/3 cup coconut flour
- 1 teaspoon baking soda
- 2 eggs

Nutrition:

1. Calories: 1000 calories
2. Carbohydrate: 126 grams
3. Cholesterol: 105 milligrams
4. Fat: 38 grams
5. Fiber: 12 grams
6. Protein: 17 grams

7. SaturatedFat: 9 grams
 8. Sodium: 380 milligrams
 9. Sugar: 95 grams
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