

Crab Cakes with Lemon Herb Aioli

Yield: 8 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/aioli-recipe-with-greek-yogurt>

Ingredients:

- 1 pound lump crabmeat dungeness or king
- 1/2 cup greek yogurt
- 1 clove garlic ; minced
- 1/4 cup Dijon mustard
- 1 lemon medium
- 1 large egg
- 1 teaspoon Old Bay Seasoning
- 2 tablespoons flat leaf parsley chopped
- 1 tablespoon chives finely chopped
- 1 cup panko breadcrumbs
- 1/4 teaspoon kosher salt
- 1/4 teaspoon freshly ground pepper
- 3 tablespoons olive oil good quality
- 1/2 cup greek yogurt
- 1 clove garlic ; minced
- 1 tablespoon chives finely chopped
- 2 tablespoons flat leaf parsley chopped
- 1 lemon medium
- 1/4 teaspoon kosher salt
- aioli Lemon Herb

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 75 milligrams
4. Fat: 9 grams
5. Fiber: 2 grams

6. Protein: 14 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 360 milligrams
9. Sugar: 2 grams

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